

Rhythm of the Day

7.30am - Our opening time

Children begin to arrive

8.00 - 9.15am - Children continue to arrive

Outdoor and indoor play spaces are available.

In the house, there is a writing/collage area, books and construction materials.

The studio is open for early morning painting, and this is, for some children a welcoming ritual. Outside there is dough, sand and water.

9.20 - Morning meeting time (*Friday: Music Session)

Children divide into three groups and meet with Educators to give their news, share ideas and hear the day's program. It is also a time to develop language skills through poetry and songs and make a decision about what they might like to do during the morning program.

Afterwards - Morning Tea

Time to wash your hands, have a snack, drink some water and chat with friends and Educators.

The morning program of activities begins

Children can move around the centre participating in the experiences from a range of disciplines that include literacy, cooking, gardening, art, drawing, dance, music, construction, fine and gross motor activities, and dramatic play. Some of the experiences will be part of on-going project work.

11.00 - 11.30am – Time to tidy away slowly... Children will help Educators to pack away from play and experiences.

11.30 - 11.40am

An Educator presents a story, puppet play, rhythmical drama or percussion session for the whole centre in the theatre room.

Afterwards - Lunch

The menu is available on the front veranda and the lunch is accompanied with something the children have made. Produce from our garden is used depending on the season.

After Lunch – Rest Time

Prepare for rest (toileting), nap, quiet time as is appropriate for each child. Rest time is in the theatre room and art studio.

12.15 - 1.15pm - The centre is quiet

1.15pm – Play time again

Time to play again inside and outside weather permitting. Children who are still sleeping wake up when ready and join their friends.

2pm – Art Studio open

The art studio is open for an afternoon session with materials that differ to the mornings.

2.45pm – Afternoon Tea

We sit outside on sunny days or inside if wet or too hot.

3.30pm – 4pm – Packing away time

There is a slow packing away process and a general tidy up where children encouraged to take part. Parents begin to pick up their children and gather their belongings before story time.

4.00pm – 4.30pm – Story Time

Time to go into the theatre for a story or a game

4.30pm – 5.00pm – Late Snack

Late snack before going home for those that are still with us

5.00pm - Centre closes for the evening

Note: These times are only a guide however the routine remains the same.